

## **Colon Cancer – Sigmoidoscopy vs. Colonoscopy**

Sigmoidoscopy, the most commonly recommended colon cancer screening, misses about half the pre-cancerous polyps detected by the more costly colonoscopy, according to a July 19, 2000 study in the New England Journal of Medicine. People over 50 years of age should seriously consider undergoing a colonoscopy because of its ability to probe the entire colon instead of sigmoidoscopy which probes only the lower one-third of the colon.